

Health Equity Resources for Healthcare Workers

There are enormous challenges in health inequities and a lack of community resilience in areas that need it the most. Historically medically underserved communities – communities with lower income, rural communities, and communities of color – face obstacles in receiving health equity. In a [survey](#) of nearly 2,000 US resident physicians across various specialties, roughly 50% reported “having little to no training in understanding patients from different cultures” (HRSA, 2023). Trainings empowering healthcare workers to close health equity gaps can help mitigate health disparities.

Access a free training on [“Breaking the Ties that Bind: Moving Toward Health Equity”](#), hosted by Healthcare Ready in partnership with the National Association of Free and Charitable Clinics (NAFC) through the Restoring the Healthcare Workforce for Equity program, aimed at supporting and rebuilding healthcare workforce capacity in communities navigating recovery from COVID-19 and other disasters.

What is health equity and how do health disparities affect healthcare?

- According to the Centers for Disease Prevention (CDC), health equity is “the state in which everyone has a fair and just opportunity to attain their highest level of health”, which requires addressing [social determinants of health](#) and [health disparities](#). Moreover, racism must be recognized and addressed as a threat to public health.
- Access the National Association of County and City Health Officials (NACCHO) [Roots of Health Equity training course](#) to strategize more effective ways to act on the root causes of health inequity.
- American College of Emergency Physicians [information paper](#) to learn about disparities in emergency care.
- The National Institutes of Health (NIH) affirms that the first step toward improving racial bias in clinical settings is discussing it. Read the “Addressing Racial Bias in Wards” [journal article](#) to have as a guide to discuss race in clinical settings.

Measures to Advance Health Equity

- Download the American Medical Association Advancing (AMA) [Health Equity: A Guide to Language, Narrative, and Concepts](#) for ideas on how to center equity in communication.
- Within healthcare settings, there is a renewed focus to advance health equity efforts. Share the American Hospital Association (AHA) Institute for Diversity and Health Equity (IFDHE) [toolkit](#) series on health equity, including Training and the Culture of Learning with your team.
- Check out the AHA Strengthening the Healthcare Workforce: Strategies for Now, Near, and Far [report](#) to provide deeper insight that results in better decision-making for local community care.
- Additionally, learn from AHA’s “Health Equity, Diversity, and Inclusion Measures for Hospitals and Health System Dashboards” [report](#) to better address equity, diversity, and inclusion and healthcare.

Additional Webinars for Healthcare Settings

- Check out the American Medical Association (AMA) [webinar](#) on Innovative Solutions Through an Equity Lens. While there, also watch their [webinar](#) Racial and Health Equity: Concrete STEPS for Health Systems.
- Learn from the National Association of County and City Health Officials (NACCHO) Health Equity and Social Justice 101 [online training series](#) to discuss structural racism, intersectionality, and stories from the field.